



Belfast Festival of Learning

23 - 29 March 2020

FREE EVENTS

Putting people at the heart of learning



Welcome to the Belfast Festival of Learning 2020



As Lord Mayor I am delighted to present the programme for the fifth annual Belfast Festival of Learning.

The Festival of Learning is a key feature in our

plan to build Belfast as a learning city for all, in line with our commitments to UNESCO (United Nations Educational, Scientific and Cultural Organisation), which we made when Belfast became a member of the UNESCO Global Network of Learning Cities in 2018.

The festival helps us deliver on the key commitments we made to celebrate and promote learning, to make it accessible to everyone, by removing barriers to learning and to make it attractive and relevant for all ages and life stages – across all parts of the city. The festival is a great example of how all this can be achieved. I have looked at the programme and am amazed by the range of free, fun and thought-provoking events on offer across the city during the festival week.

The festival programme reflects the great variety of reasons why people choose to learn – for quality of life, for education, employment and to build relationships; it is this wide spectrum of learning that can help build Belfast as a city that is resilient, healthy, age friendly, family friendly, diverse and harmonious, sustainable and a city that works for everyone!

The focus this year is on how learning can be used to build resilience for individuals, communities and for the city. The challenges of modern day life can take a toll on our quality of life and we need to have opportunities to build resilience and find the tools to enjoy life.

Together we can build a learning city for all, we need to work with partners across the city and beyond. I am pleased that Belfast is also part of the Irish Network of Learning Cities and as such we have the opportunity to share and learn from the experiences of Cork and Limerick, who have been awarded the UNESCO Learning Cities award, and Dublin and Derry & Strabane learning cities who have also joined the Global Network of Learning Cities.

I invite you to be part of Belfast Learning City - try something new during the weeklong festival running March 23-29, you never know what joy it may inspire in you and where it may take you in life.

A handwritten signature in black ink, appearing to read 'Daniel Baker'.

The Lord Mayor of Belfast
Councillor Daniel Baker

Introduction



I am again delighted to introduce the fifth annual Belfast Festival of Learning taking place this year from 23 - 29 March 2020. It reflects many positive and productive aspects of our

society and the impact learning in all forms has on many people's daily lives.

Belfast as a city has challenges but there is a determination to change, grow and foster a resilient character to the city's identity. There remain stubborn and persistent levels of deprivation across our city. An inclusive growth consultation currently underway is aiming to translate city growth into visible signs of change across some of our most deprived neighbourhoods.

The Belfast Agenda, the city's community planning process, has a stated commitment to change and is also working with partners to transform the city outlook into that of a stronger city that can meet the trials and tribulations we may face and reflect the city's ability to meet those tests in a transformative manner. In that context the use of learning is a vital component part of the city's collective efforts and can provide the means by which we measure our progress both on an individual and a population level.

Leo Buscaglia a former American Professor at the University of South Carolina, nicknamed Dr Love for his work on human disconnectedness and the meaning of life, described "change as the end result of all true learning".

Belfast continues to play its role as a member of UNESCO's Global Network of Learning Cities and our approach of using learning as tools to tackling inequalities in Belfast is gaining momentum. Belfast can share and

also learn from others and to that end we have recently signed a memorandum of understanding across a network of five learning cities throughout the island of Ireland. Similar work is taking place to make more effective connections across England, Scotland and Wales.

Our collaborative journey remains essentially about improving the quality of people's lives across communities in this city. Learning as Leo Buscaglia puts it is about change. On an individual level learning to take control of our lives, to accept the challenges that life introduces and building a resilience to meet those challenges head on with a satisfactory outcome, learning to share this city and celebrate the culture and diversity that exists to the betterment of all. Learning skills to live, work and play, a development across our life span that we hope will reinvigorate our communities.

The festival demonstrates improved accessibility and seeks to address barriers to learning. Improving accessibility to learning opportunities is crucial to help people maintain active lives and build strong and sustainable communities for all our citizens.

We hope you have fun and that the festival activity will inspire you to continue your learning journey.

I issue a call to all decision makers, influencers and city leaders, I hope this week inspires you to continue your own planning journey as you seek the necessary change to build an integrated, just and inclusive city, leaving no one behind!



Danny Power
Chairperson

A magnifying glass icon with a pink handle and a white circular lens. The words "QUICK LOOK" are written in pink capital letters inside the lens.

QUICK LOOK

MONDAY 23 MARCH

- 1 Let's bring books to life and cherish moments with children!
- 2 Storytelling - Harper the Wonder Dog
- 3 'Hold On' Health and Wellbeing Session
- 4 Free Basic Digital Skills & Tea Dance event
- 5 Learn to Meditate
- 6 Bike Cafe
- 7 Recognising Learning Endeavour Awards 2020
- 8 The Great Fakeaway
- 9 Dementia Friendly Communities Workshop
- 10 Open Workshop Essential Skills for Employment
- 11 After-School Club (multi sports)
- 12 Old Time Dancing
- 13 A Stitch In Time
- 14 GCSE Maths and English Support
- 15 Utopia Disco Dancing
- 16 Families and Practitioners value early intervention together
- 17 Healthy Body, Healthy Minds
- 18 Science Starz fun, hands-on experiments
- 19 Kickboxing
- 20 Line Dancing Taster Session

LET'S BRING BOOKS TO LIFE AND CHERISH MOMENTS WITH CHILDREN!

Belfast Metropolitan childcare students will facilitate a storytelling workshop for parents in their local community. This workshop will allow parents of Cathedral Nursery School to informally chat with Level 3 childcare students who will advise on appropriate storytelling techniques, explore various types of books and generally support parents to be more confident when reading to their child! Children welcome too!



**Where: Divis Community Centre
Ardmoulin Street, Belfast BT12 4RT**



**Day and date: Monday 23 March
Time: 9.15am**



**Contact name: Faith Garrett
Tel: 028 9026 5000
Email: fgarrett@belfastmet.ac.uk**



1

STORYTELLING - HARPER THE WONDER DOG

Parent, grandparents and children storytelling session with the author Liz Gough. Harper the Wonder Dog was written by Liz as a transition from Nursery to Primary resource. Liz will use puppets and give top tips for storytelling to parents.

Delivered as part of West Belfast Partnership Board's 'Sharing the Learning' Programme funded by Department of Education



**Where: Maria Goretti Nursery School
12a Whiterock Gardens, Belfast BT12 7PS**



**Day and date: Monday 23 March
Time: 9.30am - 11.30am**



**Contact name: Angie Mervyn
Tel: 028 9080 9202
Email: angie@wbpb.org**



2

'HOLD ON' HEALTH AND WELLBEING SESSION

Discussing the negative thoughts and feelings that we "Hold on" to.



Where: Job Assist Centre Greater Shankill
252 Shankill Road, Belfast BT13 2BL



Day and date: Monday 23 March
Time: 9:30am - 12:30pm



Contact name: Carson Rankin
Tel: 028 9024 6226
Email: carsonjobassist@gmail.com



FREE BASIC DIGITAL SKILLS & TEA DANCE EVENT

Want to get online or need help staying online over tea or coffee? Then bring your tablet, laptop or phone along and take part in our free digital workshops. Whatever it is you want to learn, come along and we will show you. Or if you're having issues with your device we will try to fix it - for FREE! Afterwards enjoy lunch and a tea dance.



Where: City Hall, Donegall Square North
Belfast BT1 5GS



Day and date: Monday 23 March
Time: 10.00am - 2.00pm



Contact name: Roisin McKenna
Tel: 028 9027 0644
Email: mckennaroisin@belfastcity.gov.uk



LEARN TO MEDITATE

Be guided through the basics of low intensity meditation and mindfulness and explore mind-body connection. This session will focus on gentle breath practices, the external environment and the role of our senses to help bring us back into present moment awareness. Come with a willingness to 'have a go' with a playful openness to experience what comes up! Booking required.



**Where: Divis Community Centre
Ardmoulin Place, Belfast BT12 4RT**



**Day and date: Monday 23 March
Time: 11.30am - 12.30pm**



**Contact name: Janet Flynn
Tel: 028 90 242 551
Email: flynnj@belfastcity.gov.uk**



5

BIKE CAFE

Come with your bike(s) that needs attention, and a favourite recipe to share. We'll do our best to teach you how to fix your bike, while you teach us how to make your favourite dish.



**Where: Macrory Centre
130 Duncairn Gardens, Belfast BT15 2GL**



**Day and date: Monday 23 March
Time: 12.00pm - 2.00pm**



**Contact name: Richard Higginson
Tel: 07402 513 432
Email: loveworkscoop@gmail.com**



6

RECOGNISING LEARNING ENDEAVOUR AWARDS 2020

The Open College Network NI 'Recognising Learning Endeavour Awards 2020' will cover a range of categories and recognise the achievements of adults and young people throughout Northern Ireland. The awards event will highlight learners who have overcome significant social, economic or educational barriers which were preventing them from realising their full potential. By invitation only.



Where: Stormont Hotel
Upper Newtownards Road, Belfast BT4 3LP



Day and date: Monday 23 March
Time: 12.30pm



Contact name: Matthew McCormick
Tel: 028 9046 3990
Email: mmccormick@ocnni.org.uk



THE GREAT FAKEAWAY

Come and join us in making a delicious spanish-inspired feast! We will make healthy (but utterly delicious!) dishes such as spanish lentil and olive stew then eat lunch together. Healthy food can and should taste great - and it can be done on a budget!



Where: Short Strand Community Centre
26A Beechfield Street, Belfast BT5 4EQ



Day and date: Monday 23 March
Time: 1.30pm - 3.00pm



Contact name: Kim Close
Tel: 07746 748 215
Email: Kimclose1@gmail.com



DEMENTIA FRIENDLY COMMUNITIES WORKSHOP

Join us at a free 2-hour workshop to learn about:

- different types of dementia
- how to communicate with a person with dementia
- where to get information and support
- reducing your risk of developing dementia
- becoming a Dementia Friend



Where: Alzheimer's Society
30 Skegoneill Street, Belfast BT15 3JL



Day and date: Monday 23 March
Time: 1.30pm - 4.00pm



Contact name: Pamela Frazer
Tel: 07885 899 009
Email: pamela.frazer@alzheimers.org.uk



9

OPEN WORKSHOP ESSENTIAL SKILLS FOR EMPLOYMENT

Discussing practical ways to develop skills that can assist with job search and completing job application forms.



Where: Job Assist Centre Greater Shankill
252 Shankill Road, Belfast BT13 2BL



Day and date: Monday 23 March
Time: 1.30pm - 4.30pm



Contact name: Carson Rankin
Tel: 028 9024 6226
Email: carsonjobassist@gmail.com



10

AFTER-SCHOOL CLUB (MULTI SPORTS)

Open to children in P2 - P3, come along for a free multi-sports class led by coaches from Belfast Community Sports Development Network. Please note that children have to be accompanied by a parent / guardian.



Where: Ligoniel Community Centre
144 Ligoneil Road, Belfast BT14 8DT



Day and date: Monday 23 March
Time: 2.00pm - 3.00pm



Contact name: Sabine Philippe
Tel: 028 9071 9337
Email: philippes@belfastcity.gov.uk



11

OLD TIME DANCING

Open to over 50's, come along and enjoy a wee dance and a cuppa - free of charge. Please note that places have to be booked in advance by calling Concorde Community Centre.



Where: Concorde Community Centre
36 Alliance Road, Belfast BT14 7JB



Day and date: Monday 23 March
Time: 2.00pm - 3.30pm



Contact name: Mabel McClelland
Tel: 028 9071 2450
Email: mcclellandm@belfastcity.gov.uk



12

A STITCH IN TIME

Find out how managing your wardrobe can help protect the global environment and learn about our local textile heritage in Belfast. Christine Boyle from Colour and Cloth will show you how to get started with a sewing machine.

Limited spaces available in each session. Please phone or email to book your place.



Where: Ormeau Bowling Pavilion
Park Road, Belfast BT7 3GG



Day and date: Monday 23 March
Time: 2.00pm - 4.00pm



Contact name: Mary Brady
Tel: 028 9032 0202

Email: wasteeducation@belfastcity.gov.uk



GCSE MATHS AND ENGLISH SUPPORT

Community based free GCSE support in Maths and English for young people in Year 12 sitting exams in June 2020. The supports are aimed at students who are predicted grade borderline C or below in Maths and/or English. The support is open to students who live or attend school in West Belfast.

Delivered as part of West Belfast Partnership Board's 'Sharing the Learning' Programme funded by Department of Education



Where: All Saints College, Glen Road
Andersonstown, Belfast BT11 8BW



Day and date: Monday 23 March
Time: 6.00pm - 7.00pm



Contact name: Louise Brennan
Tel: 028 9080 9202

Email: louise@wbpb.org



UTOPIA DISCO DANCING

Open to 4-16 year olds, come along for a free taster class.



Where: Concorde Community Centre
36 Alliance Road, Belfast BT14 7JB



Day and date: Monday 23 March
Time: 6.00pm - 8.00pm



Contact name: Ulrike Letzner
Tel: 028 9071 2450
Email: letzneru@belfastcity.gov.uk



15

FAMILIES AND PRACTITIONERS VALUE EARLY INTERVENTION TOGETHER

The early years is a critical period in terms of a child's early development. Identifying and providing effective support to children through early intervention will improve their outcomes. This session will identify learning strategies settings and parents can use as adopted by the Traveller Toybox programme.



Where: St Mary's Primary School
Divis Street, Belfast BT12 4AL



Day and date: Monday 23 March
Time: 6.00pm - 9.00pm



Contact name: Shirley Gillespie
Tel: 07968 874 414
Email: shirleyg@early-years.org



16

HEALTHY BODY, HEALTHY MINDS

A programme for young people aged 14 - 17 years designed to increase the knowledge of the importance of a healthy lifestyle and the impact it has on your mental health.



Where: Poleglass Community Association, Sally Gardens
Bell Steele Road, Poleglass Belfast BT17 0UJ



Day and date: This event runs daily during the festival
Time: 6.00pm - 9.00pm



Contact name: Laura Kelly
Tel: 028 9062 7250
Email: laura@sallygardens.org



SCIENCE STARZ FUN, HANDS-ON EXPERIMENTS

Put on a lab coat and become a scientist with Science Starz as they bring their mobile science lab to Cloona House. Children will carry out a variety of hands-on, fun, interactive investigations and experiments inspiring a love of Science! Recommended for ages 4-8. Booking required.

For queries on the content of the workshop, please contact Elita on
Mob. 07783 171 734 or email elita@sciencestarz.com



Where: Cloona House, 31 Colin Road
Belfast BT17 0LG



Day and date: Monday 23 March
Time: 6.30pm - 8.00pm




Contact name: Catriona
Tel: 028 9062 3813
Email: catriona@newcolin.com

KICKBOXING

Open to over 16's, come along for a free high-octane taster class.

 **Where: Ligoniel Community Centre**
144 Ligoniel Road, Belfast BT14 8DT


 **Day and date: Monday 23 March**
Time: 7.00pm - 9.00pm


 **Contact name: Ulrike Letzner**
Tel: 028 9071 9337
Email: letzneru@belfastcity.gov.uk



LINE DANCING TASTER SESSION

If you have never experienced line-dancing before or want to dust down your dancing boots and give it a whirl again then this session is perfect for you! Join Christina and her Fort Apache Line Dancers where a warm welcome awaits. Get ready to have a fun evening of great music and good company.

 **Where: Dee Street Community Centre**
12-16 Dee Street, Belfast BT4 1FT

 **Day and date: Monday 23 March**
Time: 7.30pm - 9.30pm

 **Contact name: Lorraine Wallace**
Tel: 028 9045 8113
Email: wallacel@belfastcity.gov.uk



TUESDAY 24 MARCH

- 1 Storytelling - Harper the Wonder Dog
- 2 Putting Playwork into practice
- 3 Risk and Challenge in the Early Years
- 4 Celebrating World Book Day
- 5 Creative fun with clay art
- 6 The Placenames and Surnames of Ulster
- 7 Calling all men - Come one, come all
- 8 Parent & Toddler Group
- 9 A nature & history walk on Cave Hill
- 10 Canvas Painting
- 11 Futures Project - A closed event
- 12 Self Care And Resiliency
- 13 Go ON: 1-2-1 eClinics
- 14 Therapeutic Sound Bath
- 15 A Stitch In Time
- 16 North Belfast Men's Shed Open Day
- 17 Colin Grandparents Group cookery / nutritional class
- 18 All About You
- 19 The Great Fakeaway
- 20 Celebration of Learning
- 21 Job Fair
- 22 College Connect Culinary Class!
- 23 Open information event on Recovery College courses
- 24 Self-Care in the Care Zone
- 25 Connswater Community Greenway Local History Walk & Talk
- 26 Irish Dancing
- 27 GCSE Maths Support
- 28 Feel Good Yoga & Mindfulness for Teens
- 29 Jiu Jitsu
- 30 Yoga / Keep Fit for Women
- 31 Set Dancing for Beginners
- 32 The Archaeology of Belfast: History below our Feet





STORYTELLING - HARPER THE WONDER DOG

Parent, grandparents and children storytelling session with the author Liz Gough. Harper the Wonder Dog was written by Liz as a transition from Nursery to Primary resource. Liz will use puppets and give top tips for storytelling to parents.

Delivered as part of West Belfast Partnership Board's 'Sharing the Learning' Programme funded by Department of Education.

 **Where: St Teresa's Nursery School
24 Bearnagh Glen, Belfast BT11 8HR**


 **Day and date: Tuesday 24 March
Time: 9.30am- 11.30am**


 **Contact name: Angie Mervyn
Tel: 028 9080 9202
Email: angie@wbpb.org**




PUTTING PLAYWORK INTO PRACTICE

This event aims to bring together a variety of playworkers from across Belfast who are employed in a variety of settings. The workshops will provide practical advice and ideas that playworkers can bring back to their setting and implement straight away.

 **Where: Belfast Metropolitan College,
Castlereagh Campus, Main Hall, Montgomery Road
Castlereagh, Belfast BT6 9JD**

 **Day and date: Tuesday 24 March
Time: 10.00am - 12.00pm**

 **Contact name: Caroline Kerr
Tel: 028 9026 5448
Email: carolinekerr@belfastmet.ac.uk**



RISK AND CHALLENGE IN THE EARLY YEARS

This event is designed to bring together Early Years practitioners, parents/carers and their children. The event will provide practical activities which promote risk taking and challenge in the early years; including woodwork and physical activity.



**Where: Belfast Metropolitan College
Castlereagh Campus, Main Hall
Montgomery Road, Castlereagh, Belfast BT6 9JD**



**Day and date: Tuesday 24 March
Time: 10.00am - 12.00pm**



**Contact name: Stephanie Gray
Tel: 028 9026 5448
Email: stephaniegray@belfastmet.ac.uk**



3

CELEBRATING WORLD BOOK DAY

This event is designed to support children's love and interest in reading. Supporting World Book Day in March this event will help bring books to life in a fun environment where children will be able to listen to storytelling, read books, explore characters and create things from some of our favourite books.



**Where: Belfast Metropolitan College
Castlereagh Campus, Main Hall, Montgomery Road
Castlereagh, Belfast BT6 9JD**



**Day and date: Tuesday 24 March
Time: 10.00am - 12.00pm**



**Contact name: Catherine Chamberlain
Tel: 028 9026 5448
Email: cchamberlain@belfastmet.ac.uk**



4

CREATIVE FUN WITH CLAY ART

The Craic and Craft Group would like to invite you to get creative with clay art. Take the opportunity to nurture your heart, mind and body in a friendly environment where you will be made very welcome. Refreshments available.



**Where: Tullycarnet Community Centre
Kinross Avenue, Belfast BT5 7GE**



**Day and date: Tuesday 24 March
Time: 10.00am - 12.00pm**



Contact name: Bernadette Smith

Tel: 028 9079 2675

Email: smithbernie@belfastcity.gov.uk



5

THE PLACENAMES AND SURNAMES OF ULSTER

Tutor: Maureen Hurndall talks about our surnames and the key to our identity and heritage, which could be Irish, Scottish, Huguenot, Viking or English. She also looks at the meaning of placenames which are a key to the history, geography and mythology of this island.



6



**Where: 0G/008 18 College Green (entrance via No 20)
Queen's University Belfast BT7 1LN**



**Day and date: Tuesday 24 March
Time: 10.00am - 12.00pm**



Contact Name: Wendy Hunter

Tel: 028 9097 5057

Please register your interest at openlearning.education@qub.ac.uk

CALLING ALL MEN - COME ONE, COME ALL

An event in partnership with the Knights Men's group - why not come along and try a range of activities; pottery; pyrography; uploading and editing photographs and archery.



**Where: Knocknagoney Community Centre
41A Knocknagoney Drive, Belfast BT4 2QF**



**Day and date: Tuesday 24 March
Time: 10.00am - 12.00pm**



**Contact name: Moya Hinds
Tel: 028 9076 1432
Email: hindsm@belfastcity.gov.uk**



PARENT & TODDLER GROUP

Open to children up to 4 years of age and their parents, guardians, come along for some company and a free sensory play session.



**Where: Ligoniel Community Centre
144 Ligoniel Road, Belfast BT14 8DT**



**Day and date: Tuesday 24 March
Time: 10.00am - 12.30pm**



**Contact name: Sabine Philippe
Tel: 028 9071 9337
Email: philippes@belfastcity.gov.uk**



A NATURE & HISTORY WALK ON CAVE HILL

Come and join Cave Hill Conservation Campaign for a walk on the wild side. You will be led on an informative walk up to the top of Cave Hill. There will also be a gentler guided walk in the woods around the Castle.



Where: Meet at front door of Belfast Castle
Antrim Road, Belfast BT15 5GR



Day and date: Tuesday 24 March
Time: 10.00am - 1.00pm



Contact name: Cormac E Hamill
Tel: 07804 730 864 / 028 9029 1357
Email: cormachamill47@gmail.com



9

CANVAS PAINTING

Woodvale Community Centre senior women's group invites you to take part in two art and creativity sessions, including a visit to a local beauty spot in North Belfast. The two sessions will take place over the two days of the 24 and 25 March.



Where: Woodvale Community Centre
74a Disraeli Street, Belfast BT13 3HW



Day and date: Tues 24 March & Wed 25 March
Time: 10.00am - 2.30pm



Contact name: Aine Tracey
Tel: 07814 924 135
Email: Tracey.aine@belfastcity.gov.uk

10

FUTURES PROJECT - A CLOSED EVENT

Futures Project is a youth project for 16-24 year olds in Greater Belfast who need support in finding their future. Futures looks at personal development, good relations, citizenship and employability. Futures is recruiting for its next cohort starting in June 2020, get in touch to find out more!



Where: Girdwood Community Hub
10 Girdwood Avenue, Belfast, BT14 6EG



Day and date: Tuesday 24 March
Time: 10.00am - 3.00pm



Contact name: Jamie Maze

Tel: 028 9026 5214

Email: jmaze@belfastmet.ac.uk



11

SELF CARE AND RESILIENCY

Self-Care and resiliency: for anyone working with or caring for people who have experienced trauma. This workshop will touch on how trauma can be transmitted to the worker or carer.



Where: WAVE Trauma Centre, 5 Chichester Park South
Belfast BT15 5HJ



Day and date: Tuesday 24 March
Time: 10.00am - 3.00pm



Contact name: Denise McNaughton

Tel: 028 9077 9922

Email: d.mcnaughton@wavetrauma.org

12

GO ON: 1-2-1 ECLINICS

Come along and get free IT help for beginners: help with your mobile device, general IT assistance, information about library e-services.

Go ON is for people who want to learn about computers in a relaxed environment. Free of charge, booking essential.



**Where: Ormeau Road Library, 247 Ormeau Road
Belfast BT7 3GG**



**Day and date: Tuesday 24 March
Time: 10.00am - 4.00pm**



Contact name: Allison Milligan

Tel: 028 9050 9228

Email: ormeauroad.library@librariesni.org.uk



THERAPEUTIC SOUND BATH

Immerse yourself in therapeutic sounds! Sound may be felt in the body bringing awareness also to the mind. When stress is lowered, anxiety decreases. There is less tension in the body. Other benefits include improved sleep, mood, focus, clarity of mind and a sense of peace. Booking required.



**Where: Divis Community Centre
Ardmoulin Place, Belfast BT12 4RT**



**Day and date: Tuesday 24 March
Time: 10.30am - 12.00pm**



Contact name: Janet Flynn

Tel: 028 90 242 551

Email: flynnj@belfastcity.gov.uk



A STITCH IN TIME

Find out how managing your wardrobe can help protect the global environment and learn about our local textile heritage in Belfast. Christine Boyle from Colour and Cloth will show you how to get started with a sewing machine. Limited spaces available in each session. Please phone or email to book your place.



**Where: The Duncairn, Duncairn Avenue
Antrim Road, Belfast BT14 6BP**



**Day and date: Tuesday 24 March
Time: 10.30am - 12.30pm**



**Contact name: Mary Brady
Tel: 028 9032 0202
Email: wasteeducation@belfastcity.gov.uk**



NORTH BELFAST MEN'S SHED OPEN DAY

North Belfast Men's Shed will be hosting an Open Day to welcome members of the wider community to come along and experience the many creative activities that go on there by getting involved in a number of workshop demonstrations.



**Where: North Belfast Men's Shed, 326 Crumlin Road
Edenderry Industrial Estate, Belfast BT14 7EE**



**Day and date: Tuesday 24 March
Time: 11.00am**



**Contact name: Seaneen O'Reilly
Tel: 028 9074 2255
Email: seaneen.oreilly@ashtoncentre.com**



COLIN GRANDPARENTS GROUP COOKERY / NUTRITIONAL CLASS

Come along to an inspirational hands-on cookery lesson, gain skills such as understanding nutrition and how to budget effectively to cook healthy meals. Get first hand look at how produce is grown.



**Where: Healthy Living Centre, 30 Colinglen Road
Dunmurry, Belfast BT17 0LR**



**Day and date: Tuesday 24 March
Time: 11:00am**



**Contact name: Matthew McKinley
Tel: 028 9062 3813
Email: Matthew@newcolin.com**



17

ALL ABOUT YOU

Come along and we will provide information and activities on a range of healthy living and education topics. Taster sessions in holistic therapies and healthy snacks will be available at this relaxing and enjoyable event. Refreshments will be served.



**Where: Falls Women's Centre, 256-258 Falls Road
Belfast BT12 6AL**



**Day and date: Tuesday 24 March
Time: 11.00am - 1.00pm**



**Contact name: Nancy Graham
Tel: 028 9032 7672 or mobile 07709 854 254
Email: nancy@fallswomenscentre.org**

18

THE GREAT FAKEAWAY

Come and join us in making a delicious Indian Feast! We will make healthy (but utterly delicious!) curries, dahl and raita and then eat lunch together. Healthy food can and should taste great - and it can be done on a budget!



**Where: Short Strand Community Centre
26A Beechfield Street, Belfast BT5 4EQ**



**Day and date: Tuesday 24 March
Time: 11.00pm - 1.30pm**



**Contact name: Kim Close
Tel: 07746 748 215
Email: Kimclose1@gmail.com**



19

CELEBRATION OF LEARNING

This event will celebrate learning; celebrating women and their success participating in lifelong learning. Celebrating our good relations programmes which have taken place during this year and our links with Black and Minority Ethnic groups.



**Where: Footprints Women's Centre, 84a Colinmill
Poleglass, Belfast BT17 0AR**



**Day and date: Tuesday 24 March
Time: 11.00am**



**Contact name: Charlene Murray
Tel: 028 9092 3444
Email: Charlene@footprintswomenscentre.com**

20

JOB FAIR

The Department for Communities in partnership with Belfast City Council is hosting a Job Fair. Come along to meet a wide range of employers and support organisations. The event is drop-in and everyone welcome.



**Where: Europa Hotel, Great Victoria Street
Belfast BT2 7AP**



**Day and date: Tuesday 24 March
Time: 11.00am - 4.00pm**



**Contact name: For more information, contact your
local Jobs & Benefits office or check online
www.nidirect.gov.uk/articles/careers-events
Tel: 028 9082 9000**



21

COLLEGE CONNECT CULINARY CLASS!

College Connect will be designing a workshop in collaboration with Kim Close from The Kitchen Academy. It aims to remove barriers and encourage interactive learning and participation, budgeting, healthy eating to improve physical health, mental health and wellbeing, but importantly fun!



**Where: Belfast Metropolitan College
E3 Campus, 398 Springfield Road, Belfast BT12 7DU**



**Day and date: Tuesday 24 March
Time: 11.30am-2.00pm**



**Contact name: Megan Esler
Tel: 07773 225 296
Email: mesler@belfastmet.ac.uk**



22

OPEN INFORMATION EVENT ON RECOVERY COLLEGE COURSES

Come along and hear about a variety of Recovery College mental health education and wellbeing courses.

These courses are free to anyone interested in the area of mental health and recovery.



Where: BCM Grosvenor House
5 Glengall Street Belfast BT12 5AD



Day and date: Tuesday 24 March
Time: 1.00pm - 4.00pm



Contact name: Thomas Fisher
Tel: 028 9504 1277
Email: recoverycollege@belfasttrust.hscni.net



SELF-CARE IN THE CARE ZONE

The Care Zone project was established as a pilot to tackle poor mental health and reduce suicide in the Sacred Heart Parish in north Belfast. This event will involve children in the area and raise awareness of self-care and services available in the local community.



Where: Sacred Parish Church Parish Centre
1B Glenview Street, Belfast BT14 7DP



Day and date: Tuesday 24 March
Time: 1.30pm



Contact name: Anne McCusker
Tel: 028 9032 8811
Email: anne@belfasthealthycities.com



CONNSWATER COMMUNITY GREENWAY LOCAL HISTORY WALK & TALK

Join local historian Jason Burke for a gentle walk along a section of Connswater Community Greenway. The tour will begin at beautiful CS Lewis Square and finish at Dee Street Community Centre. The walk and talk will span across the decades and include interesting facts and information about east Belfast's heritage and history.



**Where: Starts at CS Lewis Square
402 Newtownards Road, Belfast BT4 1HH**



**Day and date: Tuesday 24 March
Time: 2.00pm - 4.00pm**



**Contact name: Lorraine Wallace
Tel: 028 9045 8113
Email: wallacel@belfastcity.gov.uk**



IRISH DANCING

Open to children aged 3 - 8 years, come along for a free taster class with Prenter School of Irish Dancing. Please note that children have to be accompanied by a parent / guardian.



**Where: Ligoniel Community Centre
144 Ligoniel Road, Belfast BT14 8DT**



**Day and date: Tuesday 24 March
Time: 3.00pm - 4.00pm**



**Contact name: Ulrike Letzner
Tel: 028 9071 9337
Email: letzneru@belfastcity.gov.uk**



GCSE MATHS SUPPORT

Community based free GCSE support in Maths for young people in Year 12 sitting exams in June 2020. The supports are aimed at students who are predicted grade borderline C or below in Maths. The support is open to students who live or attend school in West Belfast.

Delivered as part of West Belfast Partnership Board's 'Sharing the Learning' Programme funded by Department of Education.



Where: Lagmore Community Centre, Chapel Grounds Lagmore Drive, Belfast BT17 0TG



**Day and date: Tuesday 24 March
Time: 4.00pm - 5.30pm**



**Contact name: Louise Brennan
Tel: 028 9080 9202
Email: louise@wbpb.org**



FEEL GOOD YOGA & MINDFULNESS FOR TEENS

Yoga can improve our fitness and physical health. It can help improve how we feel about ourselves and our body image. Learn mindfulness, breathing practices and fun stress busting techniques to help us deal better with distraction, develop focus and connect with mind and body. Booking required.



**Where: Divis Community Centre
Ardmoulin Place, Belfast BT12 4RT**



**Day and date: Tuesday 24 March
Time: 4.30pm - 5.15pm**




**Contact name: Janet Flynn
Tel: 028 90 242 551
Email: flynnj@belfastcity.gov.uk**



JIU JITSU

Open to children aged 7+, come along for a free taster class led by a qualified coach. Please note that children have to be accompanied by a parent / guardian.

 **Where: Ligoniel Community Centre**
144 Ligoniel Road, Belfast BT14 8DT

 **Day and date: Tuesday 24 March**
Time: 6.00pm - 7.00pm


 **Contact name: Ulrike Letzner**
Tel: 028 9071 9337
Email: letzneru@belfastcity.gov.uk



YOGA / KEEP FIT FOR WOMEN

Come along for a free taster class led by a qualified coach.

 **Where: Ligoniel Community Centre**
144 Ligoniel Road, Belfast BT14 8DT

 **Day and date: Tuesday 24 March**
Time: 7.00pm - 8:30pm

 **Contact name: Ulrike Letzner**
Tel: 028 9071 9337
Email: letzneru@belfastcity.gov.uk



SET DANCING FOR BEGINNERS

An evening of set dancing, all welcome to this special beginner's class, no partner or experience necessary. Instruction will be provided, from basic steps and movements to dancing popular figures. Wear comfortable shoes, bring a bottle of water.

Fun guaranteed - get moving - get dancing!



Where: Dance Studio, Skainos Centre
241 Newtownards Road, Belfast BT4 1AF



Day and date: Tuesday 24 March
Time: 7.00pm - 8.30pm



Contact name: Annette Collins
Tel: 028 3834 5522 or Mobile: 07788 730 429
Email: stepwithannette@yahoo.co.uk



THE ARCHAEOLOGY OF BELFAST: HISTORY BELOW OUR FEET

Tutor: Ruairí Ó Baoill's fully illustrated talk will bring to life the fascinating and exciting archaeological evidence for settlement at Belfast throughout the millennia.



Where: 03/006A Peter Froggatt Centre
Queen's University, Belfast BT7 1NN



Day and date: Tuesday 24 March
Time: 7.00 pm - 9.00pm



Contact Name: Wendy Hunter
Tel: 028 9097 5057
Please register your interest at:
openlearning.education@qub.ac.uk



WEDNESDAY 25 MARCH

- 1 Storytelling - Harper the Wonder Dog
- 2 'Let Go' Health and Wellbeing Session
- 3 Top Tips for Looking After Yourself
- 4 'Beyond the Wire' Conflict and Imprisonment
Building individual and community resilience
- 5 Come one, come all
- 6 Living Well with Diabetes
- 7 Canvas Painting
- 8 Futures Project - A closed event
- 9 World Literature: Global Voices
- 10 A Stitch In Time
- 11 Extinction is now. Extinction is real.
- 12 Dementia Friendly "I Can Cook It!"
- 13 Staff cookery / nutritional class
- 14 Learn to draw fun caricatures!
- 15 Come one, come all
- 16 What's good to eat this week - cooking for the season
- 17 Open Workshop "Essential Skills for Employment."
- 18 Talking with the Enemy
- 19 After-School Club (multi sports)
- 20 Drop-in to Science Starz
- 21 GCSE Maths and English Support
- 22 Tell Your Story
- 23 Karate



STORYTELLING - HARPER THE WONDER DOG

Parent, grandparents and children storytelling session with the author Liz Gough. Harper the Wonder Dog was written by Liz as a transition from Nursery to Primary resource. Liz will use puppets and give top tips for storytelling to parents.

Delivered as part of West Belfast Partnership Board's 'Sharing the Learning' Programme funded by Department of Education



**Where: Holy Evangelist Nursery School
Gardenmore Road, Dunmurry, Belfast BT17 ORD**



**Day and date: Wednesday 25 March
Time: 9.30am - 11.30am**



**Contact name: Angie Mervyn
Tel: 028 9080 9202
Email: angie@wbpb.org**



'LET GO' HEALTH AND WELLBEING SESSION

Discussing coping strategies and ways to "Let go" of negative thoughts and feelings.



**Where: Job Assist Centre Greater Shankill
252 Shankill Road, Belfast BT13 2BL**



**Day and date: Wednesday 25 March
Time: 9.30am - 12.30pm**



**Contact name: Carson Rankin
Tel: 028 9024 6226
Email: carsonjobassist@gmail.com**



TOP TIPS FOR LOOKING AFTER YOURSELF

Come along and discover more about top tips for looking after yourself.

Find out how to become more aware of your stress levels and emotional health and how to develop your confidence and skills to look after your emotional wellbeing.

There will also be information on support organisations available within the community. Delivered by the BHSC Health Improvement Team. Booking required.



Where: The Duncairn Centre
Duncairn Avenue, Belfast BT14 6BP



Day and date: Wednesday 25 March
Time: 9.45am - 1.00pm



Contact name: Marie Shaw
Tel: 028 9504 6810
Email: marie.shaw@belfasttrust.hscni.net

3

'BEYOND THE WIRE' CONFLICT AND IMPRISONMENT BUILDING INDIVIDUAL AND COMMUNITY RESILIENCE

Through the use of an educational purpose made DVD we will examine the effects conflict and imprisonment has had on individuals, families and the community of west Belfast. We will explore themes including living with the physical, mental and emotional impacts of imprisonment, the barriers to learning and employment and the continuation of institutional discrimination.



Where: Tar Anall, 5-7 Conway Street
Belfast BT13 2DE



Day and date: Wednesday 25 March
Time: 10.00am - 12.00pm



Contact name: John O Hagan
Tel: 028 9032 3631
Email: johnnotaranall@gmail.com

4

COME ONE, COME ALL

Arts & crafts for toddlers. An opportunity to practice some crafts with your toddler. We might even throw in a 'learn to face paint' section!



**Where: Knocknagoney Community Centre
41A Knocknagoney Drive, Belfast BT4 2QF**



**Day and date: Wednesday 25 March
Time: 10.00am - 12.00pm**



**Contact name: Moya Hinds
Tel: 028 9076 1432
Email: hindsm@belfastcity.gov.uk**



LIVING WELL WITH DIABETES

Living with diabetes? Come along to our free event with lots of tips on how to eat well and feel great. With special guests from Diabetes UK/BHSCT Diabetes Community Support services.



**Where: Chinese Welfare Association
1 Stranmillis Embankment, Belfast BT7 1GB**



**Day and date: Wednesday 25 March
Time: 10.00am - 12.00pm**



**Contact name: Camilla Reynolds
Tel: 028 9028 8277
Email: camilla@cwa-ni.info**



CANVAS PAINTING

Woodvale Community Centre senior women's group invites you to take part in two art and creativity sessions, including a visit to a local beauty spot in North Belfast. The two sessions will take place over the two days of the 24 and 25 March.



**Where: Woodvale Community Centre
74a Disraeli Street, Belfast BT13 3HW**



**Day and date: Tuesday 24 March
& Wednesday 25 March
Time: 10.00am - 2.30pm**



**Contact name: Aine Tracey
Tel: 07814 924 135
Email: Tracey.aine@belfastcity.gov.uk**



FUTURES PROJECT - A CLOSED EVENT

Futures Project is a youth project for 16-24 year olds in Greater Belfast who need support in finding their future. Futures looks at personal development, good relations, citizenship and employability. Futures is recruiting for its next cohort starting in June 2020, get in touch to find out more!



**Where: Girdwood Community Hub
10 Girdwood Avenue, Belfast, BT14 6EG**



**Day and date: Wednesday 25 March
Time: 10.00am - 3.00pm**



**Contact name: Jamie Maze
Tel: 028 9026 5214
Email: jmaze@belfastmet.ac.uk**



WORLD LITERATURE: GLOBAL VOICES

Tutor: Tess Maginess talking about the work of writers from across the globe and from different eras. This lecture will focus on Maria Edgeworth's *Castle Rackrent*, one of the first novels to come from Ireland.



Where: Room 0G/007, Peter Froggatt Centre
Queen's University Belfast BT7 1LN



Day and date: Wednesday 25 March
Time: 10.30am - 12.00pm



Contact name: Wendy Hunter
Tel: 028 9097 5057
*Please register your interest at
openlearning.education@qub.ac.uk*



9

A STITCH IN TIME

Find out how managing your wardrobe can help protect the global environment and learn about our local textile heritage in Belfast. Christine Boyle from Colour and Cloth will show you how to get started with a sewing machine. Limited spaces available in each session. Please email or phone to secure your place.



Where: Footprints Women's Centre, 84A Colmill, BT17 0AR



Day and date: Wednesday 25 March
Time: 10.30am - 12.30pm



Contact name: Mary Brady
Tel: 028 9032 0202
Email: wasteeducation@belfastcity.gov.uk



10

EXTINCTION IS NOW. EXTINCTION IS REAL.

Discover the reasons why wildlife is going extinct: habitat destruction, hunting, climate change, live animal trade. Meet animals that are facing these threats, both native and exotic. Look at how zoos are conserving wildlife and find out how you can help.



Where: Belfast Zoo, Education Centre
Antrim Road, Belfast, BT36 7PN



Day and date: Wednesday 25 March
Time: 10.30am - 12.30pm



Contact name: Geraldine Murphy
Tel: 028 9077 6277
Email: murphyg@belfastcity.gov.uk



DEMENTIA FRIENDLY "I CAN COOK IT!"

This "I Can Cook It!" taster session is delivered in partnership with Dementia Friendly South Belfast. It will bring people together to learn about nutrition, food hygiene and cook from scratch two tasty dishes which we'll eat together at the end of the session.



Where: Forestside Cookery School
Forestside Shopping Centre, Upper Galwally
Belfast BT6 8FX



Day and date: Wednesday 25 March
Time: 11.00am - 1.00pm



Contact name: Clare Flynn
Tel: 07394 569 154

Email: Clare.flynn@forwardsouth.org
*Registration is essential for this event,
please contact Clare Flynn to book places.*



STAFF COOKERY / NUTRITIONAL CLASS

Come along to an inspirational hands-on cookery lesson, gain skills such as understanding nutrition and how to budget effectively to cook healthy meals. Get a first hand look at how produce is grown.

 **Where: Healthy Living Centre**
30 Colinglen Road, Dunmurry, Belfast BT17 0LR

 **Day and date: Wednesday 25 March**
Time: 11:00am


 **Contact name: Matthew McKinley**
Tel: 028 9062 3813
Email: Matthew@newcolin.com



LEARN TO DRAW FUN CARICATURES!

Drawing can enhance our sense of well-being and is connected with improved creativity, memory and stress relief. Learn basic drawing skills and have fun being creative! Booking required.

 **Where: Divis Community Centre, Ardmoulin Place**
Belfast BT12 4RT

 **Day and date: Wednesday 25 March**
Time: 12.30pm - 1.30pm

 **Contact name: Janet Flynn**
Tel: 028 90 242 551
Email: flynnj@belfastcity.gov.uk



COME ONE, COME ALL

Knocknagoney lifelong learners will host a cultural afternoon.



Where: Knocknagoney Community Centre
41A Knocknagoney Drive, Belfast BT4 2QF



Day and date: Wednesday 25 March
Time: 1.00pm - 3.00pm



Contact name: Moya Hinds
Tel: 028 9076 1432
Email: hindsm@belfastcity.gov.uk



WHAT'S GOOD TO EAT THIS WEEK - COOKING FOR THE SEASON

Come along to a cooking demonstration on how to make good use of fruit and vegetables currently in season. This event will link into the local community garden sessions and explore how to cook with low cost food and how to recycle food and avoid waste.

Sample fruits and vegetables available at this time of the year. Learn about food and personal hygiene - how to keep clean/ how germs can spread- using ultraviolet machine.



Where: Belvoir Community Hub, Belvoir Drive, Belfast BT8 7DT



Day and date: Wednesday 25 March
Time: 1.30pm - 3.00pm



Contact name: Barbara Redmond
Tel: 028 9504 6653
Email: Barbara.redmond@belfasttrust.hscni.net

OPEN WORKSHOP "ESSENTIAL SKILLS FOR EMPLOYMENT."

Discussing practical ways to develop skills that can assist with job search and completion of job application forms.



Where: Job Assist Centre Greater Shankill
252 Shankill Road, Belfast BT13



Day and date: Wednesday 25 March
Time: 1.30pm - 4.30pm



Contact name: Carson Rankin
Tel: 028 9024 6226
Email: carsonjobassist@gmail.com



TALKING WITH THE ENEMY

Come along and hear a talk followed by a Q&A session with the audience. Speakers are two former adversaries during the conflict, now engaged in public discussion with local communities with a view to opening discussion on communities dealing with mental health and wellbeing.



Where: Tar Anall, Conway Mill, Belfast BT13 2 DE



Day and date: Wednesday 25 March
Time: 2.00pm




Contact name: Michael Culbert
Tel: 028 9020 0770
Email: michael@coiste.com

AFTER-SCHOOL CLUB (MULTI SPORTS)

Open to children in P4-P6, come along for a multi-sports class led by coaches from Belfast Sports Development Network. Please note that children have to be accompanied by a parent/guardian.

 **Where: Ligoniel Community Centre**
144 Ligoniel Road, Belfast BT14 8DT

 **Day and date: Wednesday 25 March**
Time: 3.00pm-4.00pm


 **Contact name: Sabine Philippe**
Tel: 028 9071 9337
Email philippes@belfastcity.gov.uk




DROP-IN TO SCIENCE STARZ

Put on a lab coat and become a scientist with Science Starz as they bring their mobile science lab to Windsor Women's Centre. Children will carry out a variety of hands-on, fun, interactive investigations and experiments inspiring a love of science! Recommended for ages 5 - 11.

 **Where: Windsor Women's Centre's Tate Building**
136-144 Broadway, Belfast BT12 6HY

 **Day and date: Wednesday 25 March**
Time: 3.00pm - 5.00pm

 **Contact name: Janette**
Tel: 028 9023 5451

Email: afterschools@windsorwomenscentre.com

For queries on the content of the workshop, please contact
Elita on Mob. 07783 171 734 or email elita@sciencestarz.com




GCSE MATHS AND ENGLISH SUPPORT

Community based free GCSE support in Maths and English for young people in Year 12 sitting exams in June 2020. The supports are aimed at students who are predicted grade borderline C or below in Maths and/or English. The support is open to students who live or attend school in West Belfast.

 **Where: Blackie River Community Group**
43 Beechmount Pass, Belfast BT12 7NW

 **Day and date: Wednesday 25 March**
Time: 4.00pm-5.30pm

 **Contact name: Louise Brennan**
Tel: 028 9080 9202
Email: louise@wbpb.org


Delivered as part of West Belfast Partnership Board's 'Sharing the Learning' Programme funded by Department of Education



21

TELL YOUR STORY

Enjoy an evening of storytelling with Belfast based drama company Play it by Ear. Come along, pick up some tips from their performances, get stuck into some writing activities and learn how to express yourself through the art of drama.

 **Where: St Stephen's Community Church**
Millfield, Belfast BT1 1JS

 **Day and date: Wednesday 25 March**
Time: 7.00pm - 8.30pm

 **Contact name: Heather Carson**
Tel: 07955 092 898
Email: h.carson@hotmail.com


22

KARATE

Open to anybody aged 8+ and adults, come along for a free taster class led by qualified coaches.



**Where: Ligoniel Community Centre
144 Ligoniel Road, Belfast BT14 8D**



**Day and date: Wednesday 25 March
Time: 7.00pm - 9.00pm**



**Contact name: Ulrike Letzner
Tel: 028 9071 9337
Email: letzneru@belfastcity.gov.uk**



23

THURSDAY 26 MARCH

- 1 Storytelling - Harper the Wonder Dog
- 2 "Volunteers are the magic dust":
Learn about mentoring with Fighting Words
- 3 Go ON: More on the iPad
- 4 Basic Bread Making
- 5 Parent & Toddler Group
- 6 Futures Project - A closed event
- 7 Futures Project - A closed event
- 8 Craft demonstration
- 9 Ukulele Taster Class
- 10 The Great Fakeaway
- 11 Plant Based Picnic
- 12 Wee Critters Interactive Animal Education!
- 13 Traveller Culture
- An opportunity to see and hear first-hand about the Traveller Culture and lifestyle
- 14 Disabled People Speak Out
- 15 Extinction is now. Extinction is real.
- 16 Be Incredible!
- 17 Silver Screen Sing-Song
- 18 Beginner Crochet Class
- 19 Families and Practitioners value early intervention together
- 20 Mindfulness Through Yoga
- 21 A Stitch In Time
- 22 GCSE English Support
- 23 "Volunteers are the magic dust": Learn about mentoring with Fighting Words
- 24 Jiu Jitsu
- 25 Come one, come all
- 26 Hip Hop dancing
- 27 Girls Group
- 28 Adoption, adolescence & identity
- 29 Kickboxing





STORYTELLING - HARPER THE WONDER DOG

Parent, grandparents and children storytelling session with the author Liz Gough. Harper the Wonder Dog was written by Liz as a transition from Nursery to Primary resource. Liz will use puppets and give top tips for storytelling to parents.

Delivered as part of West Belfast Partnership Board's 'Sharing the Learning' Programme funded by Department of Education

 **Where: Cathedral Nursery School**
45A Albert Street, Belfast BT12 4HQ


 **Day and date: Thursday 26 March**
Time: 9.30am - 11.30am


 **Contact name: Angie Mervyn**
Tel: 028 9080 9202
Email: angie@wbpb.org


1

"VOLUNTEERS ARE THE MAGIC DUST": LEARN ABOUT MENTORING WITH FIGHTING WORDS

If you like stories and would like to help children and young people develop their creativity and imaginations, then come along for a cup of tea and a yarn and learn about volunteering with Fighting Words Belfast, the creative writing centre for children and young people. Mentoring with us is fun, meaningful and unforgettable.

 **Where: Fighting Words Belfast, Office 3, Skainos Square**
241 Newtownards Road, Belfast BT4 1AF

 **Day and date: Thursday 26 March**
Time: 10.00am - 12.00pm

 **Contact name: Dr Emily DeDakis**
Tel: 028 9023 0660
Email: emily@fightingwords.co.uk

2

GO ON: MORE ON THE IPAD

Take another step and discover more ways to use your iPad.
Free of charge. Booking essential.

Go ON is for people who want to learn about computers in a relaxed environment. Free of charge, booking essential.



Where: Ballyhackamore Library
1-3 Eastleigh Drive, Belfast BT4 3DX



Day and date: Thursday 26 March
Time: 10.00am - 12.00pm



Contact name: Maureen King
Tel: 028 9050 9204
Email: ballyhackamore.library@librariesni.org.uk



3

BASIC BREAD MAKING

Highfield Community Centre Senior Women's Group along with the Parent & Toddler group would like to hold a morning of baking bread and basic sponge recipe. Aims for the event will include learning about;

Healthy eating - less sugar

Budget

Passing on skills, intergenerational



Where: Highfield Community Centre
Highgreen, Belfast BT13 3SA



Day and date: Thursday 26 March
Time: 10.00am - 12.00pm




Contact name: Terry McCallum
Tel: 07786 170 445
Email: mccallumt@belfastcity.gov.uk


4

PARENT & TODDLER GROUP

Open to children up to 4 years of age and their parents, guardians, come along for some company and a free finger painting play session.

 **Where: Ligoniel Community Centre**
144 Ligoniel Road, Belfast BT14 8DT

 **Day and date: Thursday 26 March**
Time: 10.00am - 12:30pm


 **Contact name: Sabine Philippe**
Tel: 028 9071 9337
Email: philippes@belfastcity.gov.uk




FUTURES PROJECT - A CLOSED EVENT

Futures Project is a youth project for 16-24 year olds in Greater Belfast who need support in finding their future. Futures looks at personal development, good relations, citizenship and employability. Futures is recruiting for its next cohort starting in June 2020, get in touch to find out more!

 **Where: Girdwood Community Hub**
10 Girdwood Avenue, Belfast BT14 6EG

 **Day and date: Thursday 26 March**
Time: 10.00am - 3.00pm

 **Contact name: Jamie Maze**
Tel: 028 9026 5214
Email: jmaze@belfastmet.ac.uk



FUTURES PROJECT - A CLOSED EVENT

Futures Project is a youth project for 16-24 year olds in Greater Belfast who need support in finding their future. Futures looks at personal development, good relations, citizenship and employability. Futures is recruiting for its next cohort starting in June 2020, get in touch to find out more!



Where: Ionad Na Fuisseoige, 6 Summerhill Road
Dunmurry, Belfast BT17 ORL



Day and date: Thursday 26 March
Time: 10.00am - 3.00pm



Contact name: Jamie Maze
Tel: 028 9026 5214
Email: jmaze@belfastmet.ac.uk



7

CRAFT DEMONSTRATION

Come along and take part in craft demonstrations including edible chocolate candle making, watch crochet flowers being made and exchange craft ideas with others.



Where: Cregagh Community Centre
Mount Merrion Avenue, Belfast BT6 0FL



Day and date: Thursday 26 March
Time: 10.30am - 12.00pm



Contact name: Joanna Holland
Tel: 028 9079 2675
Email: hollandj@belfastcity.gov.uk





8

UKULELE TASTER CLASS

Have you ever wanted to play an instrument? Ukulele for all is running a workshop - an introduction to the wonderful ukulele - up to 10 ukuleles will be provided.

 **Where: Short Strand Community Centre
26A Beechfield Street, Belfast BT5 4EQ**

 **Day and date: Thursday 26 March
Time: 11.00am - 12.00pm**


 **Contact name: Helen McCourt
Tel: 07526 410 141
Email: ukuleleforall18@gmail.com**




THE GREAT FAKEAWAY

Come and join us in making a delicious Thai-inspired feast! We will make healthy (but utterly delicious!) Thai Summer Rolls, Pad Thai Noodles and Thai Curry and then eat lunch together. Healthy food can and should taste great - and it can be done on a budget!

 **Where: Short Strand Community Centre
26a Beechfield Street, Belfast BT5 4EQ**

 **Day and date: Thursday 26 March
Time: 11.00am - 1.30pm**

 **Contact name: Kim Close
Tel. 07746 748 215
Email: Kimclose1@gmail.com**



PLANT BASED PICNIC

Come along and find out more about the importance of your health and wellbeing. Learn how to make tasty, nutritious meals using fresh, local, affordable produce.



Where: Belfast Cookery School
53-54 Castle Street, Belfast BT1 1GH



Day and date: Thursday 26 March
Time: 11.00am - 2.00pm



Contact name: Lucy Davidson
Tel: 07907 906 424
Email: Kerry@belfastfoodnetwork.org or
Lucy@belfastfoodnetwork.org



11

WEE CRITTERS INTERACTIVE ANIMAL EDUCATION!

Whether they hop, scurry or crawl, the 'Wee Critters' will help you have a ball!

Meet exotic and fascinating animals with a session aimed at developing confidence, encouraging communication and providing a memorable, sensory and educational experience! A wild time awaits... Booking required.



Where: Divis Community Centre
Ardmoulin Place, Belfast BT12 4RT



Day and date: Thursday 26 March
Time: 12.45pm - 1.45pm



Contact name: Janet Flynn
Tel: 028 90 242 551

Email: flynnj@belfastcity.gov.uk



12

TRAVELLER CULTURE - AN OPPORTUNITY TO SEE AND HEAR FIRST-HAND ABOUT THE TRAVELLER CULTURE AND LIFESTYLE

Michael Mongan will hold an open question and answer session by his home in the family Cul-De-Sac known as 'Windy Gap' at the base of the Black Mountain/Sliabh Dubh, where he has his stable. The session will be open to 12 participants.



Where: Mill Race BT12 7GP



Day and date: Thursday 26 March
Time: 1.00pm - 3.00pm



Contact name: Shirley Gillespie
Tel: 07968 874 414
Email: shirleyg@early-years.org



13

DISABLED PEOPLE SPEAK OUT

We are a passionate disability self-advocacy 'Speak Out' group who want to share our experiences and our self-advocacy knowledge with others. We will show how it has raised our expectations, empowered us to have more control, to speak up for ourselves and to make decisions about our lives.



Where: Girdwood Community Hub
10 Girdwood Avenue, Belfast, BT14 6EG



Day and date: Thursday 26 March
Time: 1.30pm - 2.30pm



Contact name: Laura Burns
Tel 028 90 23 66 77
Email: l.burns@usdt.co.uk




14

EXTINCTION IS NOW. EXTINCTION IS REAL.

Discover the reasons why wildlife is going extinct: habitat destruction, hunting, climate change, live animal trade. Meet animals that are facing these threats, both native and exotic. Look at how zoos are conserving wildlife and find out how you can help.

 **Where: Belfast Zoo, Education Centre
Antrim Road, Belfast, BT36 7PN**


 **Day and date: Thursday 26 March
Time: 1.30pm - 3.30pm**


 **Contact name: Geraldine Murphy
Tel: 028 9077 6277
Email: murphyg@belfastcity.gov.uk
Please register for this event**


15

BE INCREDIBLE!

Aimed at young people, come along and find out more on how to build resilience through a series of activities. The workshop will involve a presentation on resilience, the completion of interactive worksheets and ending with the creation of a fun campaign on how to be resilient!

 **Where: Newhill Youth and Community Association
261 Old Whiterock Road, Belfast BT12 7FX**

 **Day and date: Thursday 26 March
Time: 2.00pm**

 **Contact name: Shauna Gibson
Tel: 028 92 44 5748
Email: s.gibson@usdt.co.uk**


16

SILVER SCREEN SING-SONG

Join Strand Arts Centre for our movie sing-song plus a performance by some very special guests.



Where: Strand Arts Centre
156 Holywood Road, Belfast BT4 1NY



Day and date: Thursday 26 March
Time: 2.00pm



Contact name: Ali Fell
Tel: 07889 195 754
Email: ali@strandartscentre.com



BEGINNER CROCHET CLASS

This enthusiastic group meets each Thursday in Inverary Community Centre. We extend a warm welcome to anyone who wants to learn how to crochet. Group members will be on hand to support you to learn crochet skills in a relaxed and friendly environment. All materials supplied free of charge so pop in and try something new!



Where: Inverary Community Centre
99a Inverary Avenue, Belfast BT4 1RN



Day and date: Thursday 26 March
Time: 2.00pm - 4.00pm



Contact name: Lorraine Wallace
Tel: 028 90 471 456
Email: wallacel@belfastcity.gov.uk



FAMILIES AND PRACTITIONERS VALUE EARLY INTERVENTION TOGETHER

The early years is a critical period in terms of a child's development, Identifying and providing effective support to children through early intervention will improve their outcomes. This session will identify learning strategies settings and parents can use as adopted by the Traveller Toybox programme.



Where: St Mary's Primary School Divis Street
Belfast BT12 4AL



Day and date: Thursday 26 March
Time: 2.00pm - 4.15pm



Contact name: Shirley Gillespie
Tel: 07968 874 414
Email: shirleyg@early-years.org



19

MINDFULNESS THROUGH YOGA

Yoga with Ann Gorman provides a platform for people of all levels of ability to reach a place of calmness through breath awareness, gentle physical activity and mindfulness. No previous experience necessary.



Where: Shakti Yoga Studio, c/o Belfast Boat Club Lockview Road, Belfast BT9 5FJ



Day and date: Thursday 26 March
Time: 2.30pm - 3.30pm



Contact name: Ann Gorman
Tel: 07787 563 854
Email: ann@me.com

20

A STITCH IN TIME

Find out how managing your wardrobe can help protect the global environment and learn about our local textile heritage in Belfast. Christine Boyle from Colour and Cloth will show you how to get started with a sewing machine.



Where: Tullycarnet Community Centre
Kinross Avenue, BT5 7GE



Day and date: Thursday 26 March
Time: 2.30pm - 4.30pm



Contact name: Mary Brady
Tel: 028 9032 0202
Email: wasteeducation@belfastcity.gov.uk
Limited spaces available in each session.
Email or phone to secure your place.



21

GCSE ENGLISH SUPPORT

Community based free GCSE support in English for young people in Year 12 sitting exams in June 2020. The supports are aimed at students who are predicted grade borderline C or below in English. The support is open to students who live or attend school in West Belfast.

Delivered as part of West Belfast Partnership Board's 'Sharing the Learning' Programme funded by Department of Education



Where: Lagmore Community Centre, Chapel Grounds
Lagmore Drive, Belfast BT17 0TG



Day and date: Thursday 26 March
Time: 4.00pm - 5.30pm




Contact name: Louise Brennan
Tel: 028 9080 9202
Email: louise@wbpb.org





22

"VOLUNTEERS ARE THE MAGIC DUST": LEARN ABOUT MENTORING WITH FIGHTING WORDS

If you like stories and would like to help children and young people develop their creativity and imaginations, then come along for a cup of tea and a yarn and learn about volunteering with Fighting Words Belfast, the creative writing centre for children and young people. Mentoring with us is fun, meaningful and unforgettable.

 **Where: Fighting Words Belfast**
Office 3, Skainos Square,
241 Newtownards Rd, Belfast BT4 1AF

 **Day and date: Thursday 26 March**
Time: 4.00pm - 6.00pm


 **Contact name: Dr Emily DeDakis**
Tel: 028 9023 0660
Email: emily@fightingwords.co.uk


23

JIU JITSU

Open to children aged 7+, come along for a free taster class led by a qualified coach. Please note that children have to be accompanied by a parent / guardian.

 **Where: Ligoniel Community Centre**
144 Ligoniel Road, Belfast BT14 8DT

 **Day and date: Thursday 26 March**
Time: 6.00pm - 7.00pm


 **Contact name: Ulrike Letzner**
Tel: 028 9071 9337
Email: letzneru@belfastcity.gov.uk



24

COME ONE, COME ALL

Pilates group will try their hand (and their bodies, arms and legs!) at Yoga for a change.

 **Where:** Knocknagoney Community Centre
41A Knocknagoney Drive, Belfast BT4 2QF


 **Day and date:** Thursday 26 March
Time: 6.15pm - 7.15pm


 **Contact name:** Moya Hinds
Tel: 028 9076 1432
Email: hindsm@belfastcity.gov.uk



HIP HOP DANCING

Open to girls of primary school age, come along for a free taster class.

 **Where:** Concorde Community Centre
36 Alliance Road, Belfast BT14 7JB

 **Day and date:** Thursday 26 March
Time: 6.30pm-8.30pm

 **Contact name:** Ulrike Letzner
Tel: 028 9071 2450
Email: letzneru@belfastcity.gov.uk



GIRLS GROUP

Open to girls in P7 - 2nd Year, come along for a free art & craft session and some company.



Where: Ligoniel Community Centre
144 Ligoniel Road, Belfast BT14 8DT



Day and date: Thursday 26 March
Time: 6.30pm - 8.30pm



Contact name: Sabine Philippe
Tel: 028 9071 9337
Email: philippes@belfastcity.gov.uk



27

ADOPTION, ADOLESCENCE & IDENTITY

International/Intercountry adopters - an interactive training workshop on 'Adoption, Adolescence and Identity' -including aspects of search and considerations about its implications and outcomes for adopted teens and young adults.



28



Where: Adoption UK, 63 Duncairn Gardens
Belfast BT15 2GB



Day and date: Thursday 26 March
Time: 6.30pm - 9.30pm



Contact name: EJ Havlin
Tel: 028 9077 5211
Email: Ej@adoptionuk.org.uk

KICKBOXING

Open to over 16's, come along for a free high-octane taster class.



Where: Ligoniel Community Centre
144 Ligoniel Road Belfast BT14 8DT



Day and date: Thursday 26 March
Time: 7.30pm - 9.30pm



Contact name: Ulrike Letzner
Tel: 028 9071 9337
Email: letzneru@belfastcity.gov.uk



29



QUICK LOOK

FRIDAY 27 MARCH

- 1 Let's bring books to life and cherish moments with children!
- 2 Storytelling - Harper the Wonder Dog
- 3 Where can learning take us?
- 4 Daily Bread
- 5 Creative Photos for Fun
- 6 'Take On' - Health and Wellbeing Session
- 7 Art Class
- 8 Learning and Older People - exploring provision vs need
- 9 Futures Project - A closed event
- 10 "Never Stop Learning" information morning
- 11 Seniors Lunch Club and info on health
- 12 A Stitch In Time
- 13 Alzheimer's Society Dementia and Learning Disabilities Showcase
- 14 Discovering through a lens
- 15 EastSide Learning Reading Fair
- 16 Learn to relax with self-hand/foot massage!
- 17 Mock Interviews
- 18 Families Learn to Swim
- 19 Karate

LET'S BRING BOOKS TO LIFE AND CHERISH MOMENTS WITH CHILDREN!

Belfast Metropolitan childcare students will facilitate a storytelling workshop for parents in their local community. This workshop will allow parents of Cathedral Nursery School to informally chat with Level 3 childcare students who will advise on appropriate storytelling techniques, explore various types of books and generally support parents to be more confident when reading to their child! Children welcome too!



Where: Divis Community Centre
Ardmoulin Street, Belfast BT12 4RT



Day and date: Friday 27 March
Time: 9.15am



Contact name: Faith Garrett
Tel: 028 9026 5000
Email: fgarrett@belfastmet.ac.uk



1

STORYTELLING - HARPER THE WONDER DOG

Parent, grandparents and children storytelling session with the author Liz Gough. Harper the Wonder Dog was written by Liz as a transition from Nursery to Primary resource. Liz will use puppets and give top tips for storytelling to parents.

Delivered as part of West Belfast Partnership Board's 'Sharing the Learning' Programme funded by Department of Education



Where: St Michael's Nursery School
2 Stewartstown Road, Belfast BT11 9JP



Day and date: Friday 27 March
Time: 9.30am - 11.30am



Contact name: Angie Mervyn
Tel: 028 9080 9202
Email: angie@wbpb.org



2

WHERE CAN LEARNING TAKE US?

We want to show how learning can lead to a variety of professions. We will offer insights into different professions in a short video presentation and a discussion on how people use their school learning as adults. We will also have information stands representing different sectors e.g. The Arts, Science etc.



Where: Victoria Park Primary School
182a Connsbrook Avenue, Belfast BT4 1JY



Day and date: Friday 27 March
Time: 10.00am



Contact name: Rachel Howe
Tel: 028 9047 1274
Email: Rhowe534@c2kni.net
This is a closed event



3

DAILY BREAD

Learn home baking skills through making fresh, wholesome and nourishing breads- just like Granny made. Make bread in various shapes and forms from basic materials and very cost effective.



Where: Lower Oldpark Community Association
9-23 Avoca Street, Belfast BT14 6EN



Day and date: Friday 27 March
Time: 10.00am - 12.00pm



Contact name: Rosemary McGreevy
Tel: 028 9075 3424
Email: belfastrosie@hotmail.com



4

CREATIVE PHOTOS FOR FUN

Come along and learn how to order prints and create photobooks online.



Where: Shankill Road Library
298-300 Shankill Road, Belfast BT13 2BN



Day and date: Friday 27 March
Time: 10.00am - 12.00pm



Contact name: Conor McKenna
Tel: 07912 296 801
Email: digitalcitizen@librariesni.org.uk or
conor.mckenna@librariesni.org.uk



'TAKE ON' - HEALTH AND WELLBEING SESSION

Discusses how we take on new positive challenges to enhance our wellbeing.



Where: Job Assist Centre Greater Belfast
252 Shankill Road, Belfast BT13 2BL



Day and date: Friday 27 March
Time: 10.00am - 12.30pm



Contact name: Carson Rankin
Tel: 028 9024 6226
Email: carsonjobassist@gmail.com



ART CLASS

Open to adults, come along for the company, a cuppa and a free craft class making coasters.



Where: Ligoniel Community Centre
144 Ligoniel Road Belfast BT14 8DT



Day and date: Friday 27 March
Time: 10.00am - 12.30pm



Contact name: Sabine Philippe
Tel: 028 9071 9337
Email: philippes@belfastcity.gov.uk



LEARNING AND OLDER PEOPLE - EXPLORING PROVISION VS NEED

A recent UK survey of participation in adult learning has revealed the lowest overall participation rate for the last 23 years, and that the steepest decline was amongst those aged 65+. This is a cause for concern given our rapidly ageing population, and the evidence of the benefits of learning for health and wellbeing.

This seminar will look at learning provision for the 65+ age group in NI.



Where: NICVA, North Belfast Business Centre
61 Duncairn Gardens, Belfast BT15 2GB



Day and date: Friday 27 March
Time: 10.00am-1.00pm



Contact name: Colin Neilands
Email: colin.neilands@communitus.co.uk
This seminar is sponsored by EPALÉ an electronic platform for adult learning in Europe. www.epale.ec.europa.eu/ Invitation only

FUTURES PROJECT - A CLOSED EVENT

Futures Project is a youth project for 16-24 year olds in Greater Belfast who need support in finding their future. Futures looks at personal development, good relations, citizenship and employability. Futures is recruiting for its next programme starting in June 2020, get in touch to find out more!



Where: Ionad Na Fuiseoige, 6 Summerhill Road
Dunmurry, Belfast, BT17 ORL



Day and date: Friday 27 March
Time: 10.00am - 3.00pm



Contact name: Jamie Maze

Tel: 028 9026 5214

Email: jmaze@belfastmet.ac.uk



"NEVER STOP LEARNING" INFORMATION MORNING

Celebratory coffee morning demonstrating learning in creative ways throughout our different programmes. At Springboard we believe we never stop learning! We are inviting past, present and potential participants to our city centre location to demonstrate the incredible resilience of our community of participants through the alternative and innovative programmes we offer.



Where: Springboard Opportunities HQ
112-114 Donegall Street, Belfast BT1 2GX



Day and date: Friday 27 March
Time: 10.30am - 12.00pm



Contact name: Megan Douglas

Tel: 028 9031 5111

Email: megandouglas@springboard-ops.org

This is a closed event but past and present participants along with friends who may be interested in a programme are welcome.

SENIORS LUNCH CLUB AND INFO ON HEALTH

Open to over 60's, come along for a bit of craic, some health information and a free lunch.



**Where: Concorde Community Centre
36 Alliance Road, Belfast BT14 7JB**



**Day and date: Friday 27 March
Time: 10.30am - 12.30pm**



**Contact name: Mabel McClelland
Tel: 028 9071 2450
Email: mcclellandm@belfastcity.gov.uk**



A STITCH IN TIME

Find out how managing your wardrobe can help protect the global environment and learn about our local textile heritage in Belfast. Christine Boyle from Colour and Cloth will show you how to get started with a sewing machine.



**Where: Small Wonders Community Centre
17 Morpeth Street, Belfast BT13 2HZ**



**Day and date: Friday 27 March
Time: 10.30am - 12.30pm**



**Contact name: Mary Brady
Tel: 028 9032 0202**

**Email: wasteeducation@belfastcity.gov.uk
Limited spaces available in each session.
Please phone or email to book your place.**



ALZHEIMER'S SOCIETY DEMENTIA AND LEARNING DISABILITIES SHOWCASE

Join us for this free 2-hour showcase and hear from people with learning disabilities about this innovative, co-produced programme and how it has benefitted them.

Winner Dementia Friendly Awards NI 2019-Championing Diversity Award & Winner WHO Healthy Cities Awards 2019 Belfast-Engaging for Change Award.



Where: Dublin Suite, Europa Hotel
Great Victoria Street, Belfast BT2 7AP



Day and date: Friday 27 March
Time: 11.00am - 1.00pm



Contact name: Heather Lundy
Tel: 07801 833 605
Email: Heather.lundy@alzheimers.org.uk



DISCOVERING THROUGH A LENS

Enjoy a photographic historical walking tour of Cathedral Quarter with Belfast Exposed, learn photography skills and discover the unique History of Belfast Cathedral Quarter through the lens of a camera.



Where: Belfast Exposed, 23 Donegall Street
Belfast BT1 2FFB



Day and date: Friday 27 March
Time: 12.00pm - 4.00pm



Contact name: Mervyn Smyth
Tel: 028 99023 0965
Email: m.smyth@belfastexposed.org



EASTSIDE LEARNING READING FAIR

The Reading Fair is a colourful and friendly event for parents to access information and advice to support their child's reading: storytelling sessions, reading fun on your tablet/ i-pad, giving library, drama workshops, literacy games and meet the teachers for reading advice and support.



Where: Skainos Centre 241 Newtownards Road
Belfast BT4 1AF



Day and date: Friday 27 March
Time: 1.00pm - 4.30pm



Contact name: Maggie Andrews
Tel: 028 9046 7922
Email: maggie@eastsidepartnership.com



LEARN TO RELAX WITH SELF-HAND/FOOT MASSAGE!

Sometimes a massage therapist isn't available ...there are times you just have to do it yourself! Benefits of self-massage include relaxation, improved mood, improved blood circulation and less tension. Hear about reflexology benefits and learn simple techniques to bring calm and tranquillity to your day.



Where: Divis Community Centre
Ardmoulin Place, Belfast BT12 4RT



Day and date: Friday 27 March
Time: 1.30pm - 2.30pm



Contact name: Janet Flynn
Tel: 028 90 242 551
Email: flynnj@belfastcity.gov.uk
Booking required



MOCK INTERVIEWS

Offering you practical advice and guidance on the job interview process (in a group session).



Where: Job Assist Centre Greater Shankill
252 Shankill Road Belfast BT13 2BL



Day and date: Friday 27 March
Time: 1.30pm - 4.30pm



Contact name: Carson Rankin
Tel: 028 9024 6226
Email: carsonjobassist@gmail.com



17

FAMILIES LEARN TO SWIM

Swimming session with swimming coach in attendance for Albert Foundry families, parents, grandparents and siblings of club coaches and members.



Where: Shankill Leisure Centre
Shankill Road, Belfast BT13 2BD



Day and date: Friday 27 March
Time: 6.00pm - 7.30pm



Contact name: Iris McIlroy
Tel: 078 4750 0025
Email: Iris445414@gmail.com



18

KARATE

Open to anybody aged 8+ and adults, come along for a free taster class led by qualified coaches.



Where: Ligoniel Community Centre1
44 Ligoniel Road, Belfast BT14 8DT



Day and date: Friday 27 March
Time: 7.00pm - 9.00pm



Contact name: Ulrike Letzner
Tel: 028 9071 9337
Email: letzneru@belfastcity.gov.uk



19

A blue magnifying glass icon with a white circular center. Inside the white circle, the words "QUICK LOOK" are written in a bold, blue, sans-serif font.

QUICK LOOK

SATURDAY 28 MARCH

- 1 1798 A Belfast Story
- 2 Celebrating Cultural Diversity With Foods From Around The World
- 3 Belfast Wren Boys at St George's Market
- 4 Belfast Tool Library - Workshop Taster Day
- 5 Printmaker's Jungle
- 6 Easy Beginners Ukulele with Belfast Ukelele Jam
- 7 Can We Fix It? Basic DIY Skills for Women
- 8 Afternoon of Mixed Folk Dances
- 9 I would walk 500 Miles - Stories from El Camino de Santiago

1798 A BELFAST STORY

A historical tour of the Belfast sites associated with the 1798 rebellion considering the development of radical ideas in Belfast and the main characters associated with it. Enjoy a walking tour through Belfast city centre. Stopping off at Radio Fáilte Café for refreshments after visiting historic sites.



**Where: Pick up at Tullymore Community Centre
37A Tullymore Gardens, Belfast BT11 8NE**



**Day and date: Saturday 28 March
Time: 10.00am**



**Contact name: Patrick Wilson
Tel: 028 9062 2201
Email: p.wilson@uacf.ie**



1

CELEBRATING CULTURAL DIVERSITY WITH FOODS FROM AROUND THE WORLD

Ravenscroft Nursery School will be hosting a morning of celebrating the cultural diversity and inclusivity of our school community. Mr Hullaballoo will be here to tell us exciting stories about the globe around us and we will enjoy different foods from around the world.



**Where: Ravenscroft Nursery School
Ravenscroft Avenue, Belfast BT5 5BA**



**Day and date: Saturday 28 March
Time: 10.00am**



**Contact name: Nuala Symington
Tel: 028 9047 1684
Email: ravenscroftns@btconnect.com**

2

BELFAST WREN BOYS AT ST GEORGE'S MARKET

The Belfast Wren Boys will perform with the school community of Scoil an Droichid for the wider community.



**Where: St George's Market, East Bridge Street
Belfast BT1 3NQ**



**Day and date: Saturday 28 March
Time: 10.00am - 12.00pm**



**Contact name: Cormac Ó Briain
Tel: 07803 501 916
Email: nageilabu@gmail.com**



3

BELFAST TOOL LIBRARY - WORKSHOP TASTER DAY

Join us in our new community workshop for a day of taster sessions and demos, suitable for beginners to experts. Learn the right tool for the job, try woodwork and tiling, make something and skill up to tackle DIY at home.

See full timings at: www.belfasttoollibrary.com



**Where: Belfast Tool Library, Vault Artist Studios
4-84 Tower Street, Belfast BT5 4FH**



**Day and date: Saturday 28 March
Time: 10.00am - 5.00pm**



**Contact name: Neal Campbell
Email: belfast.tool.library@gmail.com**



4

PRINTMAKER'S JUNGLE

Kids and grown-ups work together to learn a variety of printmaking techniques in this exploratory, jungle-themed workshop! Each pair (child (8+) and accompanying adult) will compose and create unique artwork using a variety of prepared stencils and printing plates. Booking, imagination but no previous experience required!



Where: Belfast Print Workshop 3rd Floor Cotton Court
30-42 Waring Street, Belfast BT1 2ED



Day and date: Saturday 28 March
Time: 11.00am - 1.00pm



Contact name: *Belfast Print Workshop*
Tel: 028 9023 1323
Email: *events@bpw.org.uk*



5

EASY BEGINNERS UKULELE WITH BELFAST UKELELE JAM

Belfast Ukulele Jam will hold a large open teaching session to introduce you to the joys of the ukulele. Come along and learn two easy songs and start on your own musical journey.



Where: Great Victoria Street, Presbyterian Church
34 Shaftesbury Square, Belfast BT2 7DB



Day and date: Saturday 28 March
Time: 1.00pm - 3.00pm



Contact name: *Sean Lawlor*
Tel: 07594 349 943
Email: *belfastukejam@gmail.com*



6

CAN WE FIX IT? BASIC DIY SKILLS FOR WOMEN

Our taster afternoon of DIY skills will give you the confidence to take on small repairs at home and inspire you to develop your home improvement skills.



**Where: Women's TEC, 29 Chichester Avenue
Belfast BT15 5EHP**



**Day and date: Saturday 28 March
Time: 2.00pm - 4.00pm**



**Contact name: Alison Keenan
Tel: 028 9074 9810
Email: info@womenstec.org
Registration is essential.
Please note this event is for women only.**



AFTERNOON OF MIXED FOLK DANCES

An afternoon of mixed folk dances, all welcome, family friendly, no partner or experience necessary, instruction will be given. Irish Ceili and 2-hand dances, French, Breton and Scottish Country dances.

Fun guaranteed - get moving - get dancing!



**Where: LORAG, 97 Balfour Avenue
Belfast BT7 2EW**



**Day and date: Saturday 28 March
Time: 2.00pm - 4.00pm**



**Contact name: Annette Collins
Tel: 028 3834 5522
Mobile: 07788 730 429
Email: stepwithannette@yahoo.co.uk**

I WOULD WALK 500 MILES - STORIES FROM EL CAMINO DE SANTIAGO

Have you walked the Camino de Santiago? Is it on your to do list? Come share your experiences or plans with fellow "Perigrinos" and inspire others to venture along this historic and enchanting cultural route through Spain. Booking Essential.



Where: Crescent Arts Centre
2-4 University Road, Belfast BT7 1NH



Day and date: Saturday 28 March
Time: 7.00pm - 9.00pm



Contact name: Lynn Ross
Tel: 07720 526 221
Email: lynn@sisispanish.co.uk



9



SUNDAY 29 MARCH

- 1 Intensive course on the Celtic Languages
- 2 Move-Sing-Rest
- 3 Positivity Pom Poms - A Craftivism Event
- 4 Pop-Up Spanish Family Fiesta

INTENSIVE COURSE ON THE CELTIC LANGUAGES

Come along and enjoy an intensive language taster course on the Celtic Languages: Scots, Manx, Welsh, Cornish and Breton.



Where: Cultúrlann Mc Adam Ó Fiaich
216 Falls Road, Belfast BT12 6AH



Day and date: Sunday 29 March
Time: 10.00am - 4.00pm



Contact name: Fionnuala Cush
Tel: 02890 964187
Email: fionnuala@culturlann.ie



MOVE-SING-REST

Discover how to use gentle movement, singing and mindfulness with music as a practise to help you feel better, learn faster and decrease stress. Move-Sing-Rest is an engaging workshop open to learners of all ages and promises to be fun yet relaxing too!



Where: Crescent Arts Centre Ltd
2-4 University Road, Belfast BT7 1NH



Day and date: Sunday 29 March
Time: 2.00pm - 3.30pm




Contact name: Michelle Bailly
Tel: 0751 897 3146
Email: michellebailly1@gmail.com

POSITIVITY POM POMS - A CRAFTIVISM EVENT

Join us at this Craftivism event and learn more about the Positivity Pom Pom project. Craftivism uses craft as a tool to bring about gentle social change. It promotes empathy, is accessible to all and makes for a peaceful and enjoyable event. Our Positivity Pom Poms encourage positive mental health among students and young people. Come along to learn more and to take part!

 **Where: Common Grounds Café, City Church**
12-24 University Avenue, Belfast BT7 1GY

 **Day and date: Sunday 29 March**
Time: 2.00pm - 4.00pm

 **Contact name: Mary Brady**
Tel: 07796 553 240
Email: commonthreadscraft@gmail.com
Please register by email or telephone



3

POP-UP SPANISH FAMILY FIESTA

Why not come along and enjoy an excellent opportunity for you and your child to spend quality time together learning a new language & culture through games and story, rhythm and rhyme. Our Family Fiesta is an interactive, educational event where fun & learning are guaranteed. Booking essential.


4

 **Where: Crescent Arts Centre**
2-4 University Road, Belfast BT7 1NH

 **Day and date: Sunday 29 March**
Time: 2.00pm-3.00pm for ages 2-6yrs
and 3.00pm-4.00pm for ages 6-12yrs

 **Contact name: Lynn Ross**
Tel: 07720 526 221
Email: lynn@sisispanish.co.uk



**Making life better,
together**

supported by Belfast Health Development Unit

Focusing on Life Inequalities



*For more information on the
Belfast Festival of Learning, please contact:*

Dolores Atkinson

Email: Dolores.atkinson@bhdu.org

Tel: 028 9050 2073

or visit our website:

www.makinglifebettertogether.com

#BelfastLearningCity