

# **Positive Ageing Month Highlights 2017**



#### Sunday 1 October

Silver Sunday 2pm Botanic Gardens

#### Monday 2 October

Age-friendly Belfast Convention 10am City Hall

## Friday 6 October

Age-friendly Belfast Punjana Tea Dance 12pm – 2pm and 3pm – 5pm Girdwood Community Hub

## Wednesday 11 October

Age-friendly Belfast Punjana Tea Dance 12pm – 2pm and 3pm – 5pm Belfast Castle.

#### **Tuesday 17 October**

Big Quiz 10.30am – 12pm City Hall

#### **Monday 23 October**

Age-friendly Belfast Punjana Tea Dance 12pm – 2pm and 3pm – 5pm Grosvenor Hall

#### Friday 20 October

Age-friendly Belfast Ambassadors brunch 11am -1pm City Hall

# Wednesday 25 October

Movie 'Going in Style' 2pm City Hall

### **Thursday 26 October**

Age-friendly Belfast Punjana Tea Dance 2pm-4pm East Belfast Network Centre