

Food Banks

Food banks distribute food parcels to families or individuals in need.

They can be used by people from all backgrounds and in all circumstances.

To receive a voucher for a free food parcel, you usually have to be referred by one of the following: doctor, social worker, health visitor or advice agency. Further information is available from each food bank, details are listed overleaf.

When an individual is referred, they receive vouchers for a free food parcel

There has been an increase in demand for food parcels from families with young children

Everyone who visits can chat to someone in confidence



You can get 3 vouchers over several months

A list of food banks in Belfast is overleaf

Low income is the most common reason for visiting a food bank in Belfast

Most food parcels have canned food, dry food, teabags & coffee

From: Enough is Enough Project Food Poverty Scoping Exercise, March 2015

Further details are available from each food bank, listed below as of October 2016:

The **Trussell Trust** works with churches and communities to manage foodbanks nationwide. Their interactive map helps locate your nearest food bank. www.trusselltrust.org/map

- **Trussell Trust (North Belfast)** Ekenhead Halls, 19 North Circular Road, Belfast, BT15 5HB
Tel: 079 0209 9840. Email: info@northbelfast.foodbank.org.uk
www.northbelfast.foodbank.org.uk
- **North Belfast Advice Partnership, Ligoniel Improvement Association**
Wolfhill Centre, 148 Ligoniel Road, Belfast, BT14 8DT
Tel: 028 9039 1225. Email: administration@ligonielvillage.com
www.northbelfastpartnership.com
- **Trussell Trust (South Belfast)** Mornington Community Project, 117 Ormeau Road, Belfast, BT7 1SH
Tel: 077 4333 2489. Email info@southbelfast.foodbank.org.uk
www.southbelfast.foodbank.org.uk
- **Foodstore @ Cooke (South Belfast)** 15 Park Road, Belfast, BT7 2FW
Tel: 028 9064 2981. Email: morris@cookecentenary.org.uk
www.cookecentenary.org.uk
- **Sustain (South Belfast)** Newtownbreda Baptist Church, 43 Newtownbreda Road, Belfast, BT8 7BQ
Tel: 028 9064 9402. Email: sustain@newtownbredabaptist.com
www.newtownbredabaptist.com
- **South West Belfast Foodbank** 124 Stewartstown Road, Belfast, BT11 9JQ
Tel. 07938 706552. Email: info@southwestbelfast.foodbank.org.uk
www.southwestbelfast.foodbank.org.uk/contact
- **The Larder Food Bank (East Belfast)** The Larder, St Christopher's Church, 70 Mersey Street, Belfast, BT4 1EY
Tel: 028 9046 6431. Email: Adrian@boringwells.org
- **Willowfield Church Foodstore (East Belfast)** 149 My Ladys Road, Belfast, BT6 8FE
Tel: 028 9045 3041. Email: office@willowfieldchurch.co.uk
www.willowfieldchurch.co.uk
- **Trussell Trust (Dundonald, serving parts of East Belfast)** 971 Upper Newtownards Road, Dundonald, BT16 1RL
Tel: 028 9543 5310. Email: info@dundonald.foodbank.org.uk
www.dundonald.foodbank.org.uk
- **Storehouse (Greater Belfast)** 39 North Street, Belfast, BT1 1NA
Tel: 028 9023 6333. Email: info@storehousebelfast.com
www.storehousebelfast.com