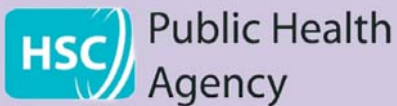


# SUBSTANCE MISUSE SERVICES

Available in the  
**Belfast Health and Social Care Trust Area**



All services are delivered across the whole of the BHSCT area unless stated otherwise

## Services for Adults

### Belfast Addiction Service

**One Point of Referral** Tel: 028 9073 7547

Provides one to one support for individuals who wish to manage their substance misuse issues. The service is based at Malone Place Day Treatment Unit with satellite clinics throughout Belfast. The service can offer detoxification treatment, individual or group therapy, family intervention, substitute prescribing and access to residential programmes.

### Addiction NI

Tel: 028 9066 4434 [www.addictionni.com](http://www.addictionni.com)

Offers counselling-based treatment and support from three sites – Elmwood Avenue (South), Albertbridge Road (East) and Falls Road (West).

### ASCERT

Tel: 028 9260 4422 [www.ascert.biz](http://www.ascert.biz)

Can offer brief intervention advice and support for adults who wish to reduce their drinking and for family members affected by another person's drinking.

### Carlisle House

Tel: 028 9032 8308 [www.carlislehouse.org](http://www.carlislehouse.org)

Carlisle House is a residential substance misuse treatment centre situated near the centre of Belfast which can provide a 4-8 wk residential substance misuse programme for those aged 18-65.

### Dunlewey Substance Advice Centre

Tel: 028 9039 2547

Offers counselling-based support for substances and gambling. The service is based at 247 Cavehill Road with satellite clinics throughout Belfast.

### FASA

Tel: 028 9080 3040 [www.fasaonline.org](http://www.fasaonline.org)

Offers a range of services including advice, education, training, treatment and support (such as counselling and alternative therapies), including crisis response, for substance misuse and associated mental health issues from satellite clinics across Belfast.

## Services for Families

### Family & Friends Service

(Provided by Addiction NI)

Tel: 028 9066 4434 [www.addictionni.com](http://www.addictionni.com)

Provides one to one, couples or group counselling support to family members and friends of someone affected by an alcohol or drug problem.

### Family Matters (Provided by FASA)

Tel: 028 9080 3040 [www.fasaonline.org](http://www.fasaonline.org)

A treatment and support service for families and children affected by parental substance misuse – available at satellite clinics across Belfast as well as on an outreach visit basis.

### Family Support Service

(Provided by Falls Community Council)

Tel: 028 9020 2030

Provides advice and support to those who are experiencing difficulties through drug and alcohol misuse – can be either the person misusing and/or family members affected.

### PHAROS Service (Provided by Barnardos)

Tel: 028 9066 3470

[www.barnardos.org.uk/pharos](http://www.barnardos.org.uk/pharos)

A therapeutic support service for families and children affected by parental substance misuse offering direct work with individual children and adults, family work and group work.

### Talking to your Children about Tough Issues

Tel: 028 9267 0915 (Contact Lisa McCloy)

Is a series of four workshops providing parents with information and skills to address the difficult subjects of drugs and alcohol, mental health and wellbeing and sexual health.

## Services for Young People

### DAISY (Provided by Opportunity Youth and ASCERT)

Tel: 028 9043 5815 [www.daisy.uk.net](http://www.daisy.uk.net)

Drug and Alcohol Intervention Service for Youth (up to 21 years of age) – offers a range of services including brief/early interventions, mentoring, counselling and family support.

### DAMMHS

Tel: 028 9020 4600

Drug and Alcohol Misuse and Mental Health Service is a specialised team within Child and Adolescent Mental Health Services who can offer individual therapeutic support on an in-house or outreach basis with young people (17 and under) who have significant substance misuse and mental health difficulties.

### Falls Community Council

Tel: 028 9020 2030

Offers both an outreach service and a personal development programme for young people either using, or at risk of misusing, substances.

### FASA

Tel: 028 9080 3040 [www.fasaonline.org](http://www.fasaonline.org)

#### One Stop Shop

Offers a 'one stop shop' service for young people offering information, education, training, group activities and direct support as well as being able to refer on to other relevant services as needed.

#### Youth & Family Stress Centre & Crisis Response

FASA provide youth mentoring, counselling, therapeutic group work and crisis response services across Belfast via satellite clinics and community hubs.

### Targeted Drug Education Programmes

(Provided by ASCERT and Opportunity Youth)

Offers a range of education programmes for young people at risk of substance misuse.

#### ASCERT

Tel: 028 9260 4422 [www.ascert.biz](http://www.ascert.biz)

#### Opportunity Youth

Tel: 028 9043 5810

[www.opportunity-youth.org](http://www.opportunity-youth.org)

## Services for Communities

### Community Action Support Team

(Hosted by FASA)

Tel: 028 9080 3040 [www.fasaonline.org](http://www.fasaonline.org)

Staff within CAST can help communities assess the nature of the drug and/ or alcohol problems in their area and then work with them to develop the knowledge and skills within the community to enable them to respond and to develop and deliver local initiatives.

### Community Drugs Awareness Training

(Provided by ASCERT, Falls Community Council and FASA)

These agencies can offer a wide range of training options, both bespoke and accredited, FREE OF CHARGE to those working in the community.

#### ASCERT

Tel: 028 9260 4422 [www.ascert.biz](http://www.ascert.biz)

#### Falls Community Council

Tel: 028 9020 2030

#### FASA

Tel: 028 9080 3040 [www.fasaonline.org](http://www.fasaonline.org)

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**Disclaimer:** Whilst every effort has been made to provide accurate and complete information the Public Health Agency accept no responsibility for errors or omissions resulting from information gathered from outside sources. The PHA also accept no responsibility for the accuracy, quality or currency of the information contained in the Directory and any user of the Directory who has a problem or query with content are advised to contact the original source of information for clarification before contacting the PHA. Where any specific organisation or service is mentioned by name or otherwise this does not necessarily constitute or imply any endorsement or recommendation by the PHA of that organisation or service.

## Services for Specific Groups

### A&E Emergency Support Team

(Provided by FASA and BHSCT Unscheduled Care Team)

Tel: 028 9080 3040 [www.fasaonline.org](http://www.fasaonline.org)

FASA support workers based within the unscheduled care team can respond to individuals and/or families attending the emergency departments of the Royal and Mater hospitals who are presenting with substance and/or mental health issues providing advocacy, support and onward referral to services as needed.

### Drug Outreach Team

Tel: 028 9050 0150

Service for injecting heroin/cocaine users.

### Extern

Tel: 028 9033 0433 [www.extern.org](http://www.extern.org)

Support service for those in tenuous housing situations due to alcohol or drug misuse.

### Needle & Syringe Exchange Sites

#### Boots the Chemist

Tel: 028 9024 2332

Address: 35 Donegall Place, Belfast

#### McGregor's Chemist

Tel: 028 9031 0045

Address: 30 Botanic Avenue, Belfast

### Older Focus

(Provided by Addiction NI)

Tel: 028 9073 1602 [www.addictionni.com](http://www.addictionni.com)

Service for older people with addictions (55+) providing counselling in their own homes or support by telephone for both older people and/or their family members/carers.

### RATSDAM Programme

(Provided by Addiction NI)

Tel: 028 9066 4434 [www.addictionni.com](http://www.addictionni.com)

Service for offenders - referrals via courts/PBNI.

## Hostel Services

### Rosemount House

Tel: 028 9077 9740

Alcohol free hostel for those aged 18-65.

### Springwell House

Tel: 028 9024 8801

Alcohol free hostel for those with substance misuse issues aged 18 and over.

## Resources

### CRIS

(Communication Resource and Information Service)

Tel: 028 9056 3770

email: [info@eahealthpro.org](mailto:info@eahealthpro.org)

[www.eahealthpro.org](http://www.eahealthpro.org)

CRIS have a wide range of drug and alcohol resources which groups can either ask for a supply of or borrow.

## Helplines

### Talk to Frank

Tel: 0800 776 600

[www.talktofrank.com](http://www.talktofrank.com)

### Lifeline

Tel: 0800 808 8000

[www.lifelinehelpline.info](http://www.lifelinehelpline.info)

### Smokers Helpline

Tel: 0800 812 8008

[www.want2stop.info](http://www.want2stop.info)