



***“People in Belfast will be
more active and healthier.”***

Announcing the Active Belfast Grant scheme 2018-19





**Making life better,
together**

Belfast Strategic Partnership

Active Belfast Grants

Aim to

- Create opportunities for people to participate in physical activity within Belfast and to eat healthier
- Increase awareness of the benefits of regular, moderate activity and healthy eating





Get Active Belfast



Get Active Belfast
A Framework for Physical Activity


www.makinglifebettertogether.com


 



Get Active Belfast
Supported projects 2017 - 18

www.makinglifebettertogether.com



Get Active Belfast
Grants Social Media Toolkit

www.makinglifebettertogether.com

For more information visit:

<http://www.makinglifebettertogether.com/active-belfast/active-belfast-resources/>



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Key priorities

Increase the **skills and capacity** of those working and volunteering in the physical activity sector

Increase the quality and accessibility of **place** to be active

Increase levels of **participation** in physical activity

Increase **partnership** working across the physical activity sector

Increase **awareness** of physical activity and its benefits

Pledges

1

Support schools to offer physical activity throughout the day

2

Create an integrated ‘Active Travel’ network

3

Create more active places through local spatial planning

4

Strengthen connections to and within the health sector

5

Develop and implement a comprehensive marketing campaign on the benefits of being active

6

Deliver wide ranging and inclusive community based activity programmes

7

Support local sports clubs to deliver inclusive and adapted sports for all





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What kind of Active Belfast Grant projects are we aiming to support?

- **Innovative, new** and **sustainable** projects
- **Partnership working** – projects must be delivered in partnership with at least two other organisations
- Projects which encourage **people in Belfast** to be **physically active** and **eat healthier**
- Applications **up to £25,000** for **citywide** projects or **up to £10,000 for smaller local** projects





Examples of activities

- Develop skills like cooking, budgeting and shopping for healthier options.



- Train coaches or leaders to deliver physical activity or nutrition programmes.

- Deliver programmes where people are physically active **and** eat healthily whilst learning about the benefits of a healthy lifestyle.
- Develop policies and guidelines to help your organisation have healthier eating habits.

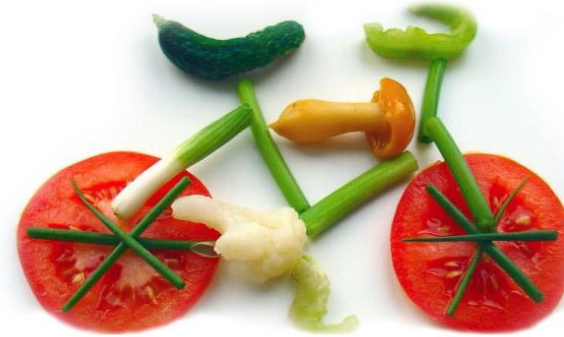


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Examples of activities

Extend the range and quality of spaces and activities available for physical activity and healthy eating. For example cooking facilities, play spaces or cycle facilities.



Encourage people to take part in physical activity and healthy eating activities for example 'try it' events or 'taster' sessions.





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Active Belfast Grant Application Process

1. Complete the Stage1 Self-Assessment form to see if you are eligible to apply.
2. Return your completed Stage 1 Self-Assessment form electronically to bsp@bhdu.org by the deadline- **Thursday 29 March at 12 noon.**
3. If successful we will send you an electronic Stage 2 Grant Application form to complete.
4. The Stage 2 Grant Application form should be completed and returned electronically, with accompanying documentation **no later than Tues 1 May 2018 at 12 noon.**
5. We will inform applicants of the outcome by **late May 2018.**

