

GO EXPLORE with **SUSTRANS**

Join our  
**FUN BIKE RIDE**

to explore the **NATIONAL**

**CYCLE**  
**NETWORK**



**Family fun led bike ride to Lock Keeper's Cottage & Barge**

2 April 2016, Ride departs at 10am

Meet at The Big Fish, Lagan Lookout, Belfast city centre

Join Sustrans volunteers for a led bike ride from The Big Fish sculpture at the Lagan Lookout to visit the historic **Lock Keeper's Cottage and Barge** in South Belfast. Cycle along quiet roads and the Lagan Towpath, part of the National Cycle Network, to Lagan Valley Regional Park. FREE entry to the Lock Keeper's Cottage and Barge. Then cycle back together along the same route.

There are just 20 places on this ride, with the cycling journeys lasting approximately 2 hours in total. To book your place contact Rachael Ludlow-Williams on [rachael.ludlow-williams@sustrans.org.uk](mailto:rachael.ludlow-williams@sustrans.org.uk) or Tel: 028 90434569.



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